

Amanoiwato Five Shrines Cycling Course

Distance : 34.4 km
Total Duration : Approx. 210 min.

You can enjoy Takachiho's rich nature and original Japanese scenery from this course. Let's visit 5 shrines and collect Goshuin(shrine stamps)!

① Amanoiwato Shrine START ⌚ 30min.



Amanoiwato Shrine enshrined Amanoiwato where Amaterasu-omikami hid in Amanoiwato Mythology.
Divine Favor: Wishes coming true

Distance : 1.7km
Time for moving : 10min.

② Ochitachi Shrine ⌚ 15min.



Ochitachi Shrine enshrined as a god of smooth delivery, pregnancy and protection from fire.
Divine Favor: Smooth delivery and pregnancy, Protection from fire

Distance : 7.3km
Time for moving : 30min.

A Kami-iwato Ohashi Bridge 📷

Distance : 3km
Time for moving : 20min.

③ Hoko Shrine ⌚ 15min.



Hoko Shrine enshrined a god of protection from wind disaster.
Divine Favor: Rich harvest, Protection from wind disaster

Distance : 7.1km
Time for moving : 20min.


④ Futatsudake Shrine ⌚ 15min.



Futatsudake shrine enshrined a god of safety of the family and lucky in games.
Divine Favor: Family's safety, Lucky in games

Distance : 11.2km
Time for moving : 25min.

⑤ Ishigami Shrine ⌚ 15min.



Ishigami shrine enshrined a god of livestock.
Divine Favor: The guardian of livestock, (cattle, horse)

Distance : 4.1km
Time for moving : 15min.

Amanoiwato Shrine GOAL

Goshuin Information

You can get each shrine's Goshuin at Amanoiwato Shrine.
300 yen / 1 Goshuin



注意

※There are these signs on the curve. Please follow these signs and ride a bicycle carefully.



START&GOAL

① Amanoiwato Shrine
15 minutes walk from Amanoiwato Shrine



Amanoyasukawara
Amanoyasukawara is a sacred place where many gods gathered to discuss a plan to lure Amaterasu-omikami back from Amanoiwato.

② Ochitachi Shrine

③ Hoko Shrine

④ Futatsudake Shrine

⑤ Ishigami Shrine

Hachidairyuou-suijin



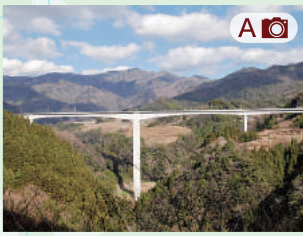
Hachidairyuou-suijin
There is an old hackberry tree and the intertwined branches look like dragons.
Divine Favor: Lucky in games

Jokoji Waterfall 📷



Jokoji Waterfall is a dynamic waterfall by spring water from Mt. Sobo.

Kami-iwato Ohashi Bridge 📷

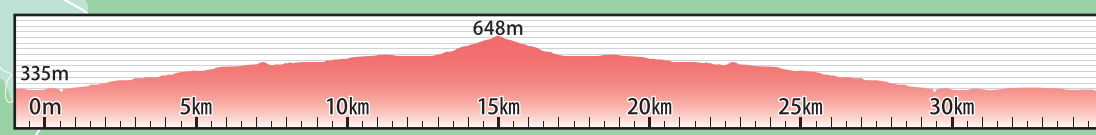


The scenery blow your eyes and a vast panorama is amazing.



LEGEND

- Five Shrines Course
- 📷 Photo Spot
- ♣ Shrine
- ☕ Café
- 🚻 Restroom
- 🕒 Approximately Time Required for Each Spot



TAKACHIHO CYCLING MAP



Cycling Rules and Notes

- Please ride on the left side of the street, follow the traffic signs and traffic lights. Also please keep your bicycle in a row on the road.
- When you ride on a sidewalk, please ride slowly with priority on pedestrians.
- Please turn the light on when it is getting dark (tunnel too). Also please install the taillight.
- There is not many intersections without traffic lights in our cycling courses. But, to prevent crossing collision injury accidents, please slow down when you cross the intersections.
- Do not drink and ride a bicycle.
- There are wildlife around the courses, please pay enough attention to safety.
- There are heavy traffic on some streets, please pay enough attention to safety.

Notes for Our Cycling Map

- The roads and places on our cycling course are not only for cycling. There are some roads which is not well-repaired and narrow, please pay enough attention on riding a bicycle.

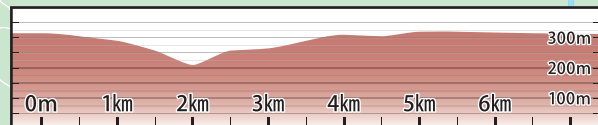
INQUIRY
Machinaka Information Center
802-3, Mitai, Nishiusuki-gun Takachiho-cho, Miyazaki, 882-1101, Japan
TEL.0982-73-1800

Takachiho Cycling Course

A Course

The course you can enjoy the beautiful scenery like Takachiho Gorge!

Distance : 6.5 km
Total Duration : Approx. 155 min.



START Machinaka Information Center

Distance : 1km
Time for moving : 5min.

① Takachiho Shrine

30min.



Takachiho Shrine is a representative shrine in Takachiho Area.
Divine Favor: Match-making, Happy Marriage, Wishes coming true

Distance : 1km
Time for moving : 5min.

② Takachiho Gorge

1hour

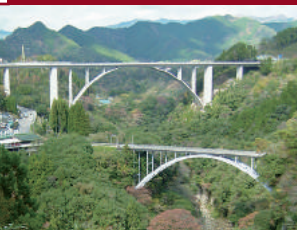


The lava flow of Mt. Aso along Gokase-gawa River formed the beautiful columnar shaped valley of Takachiho Gorge. Manai Waterfall which was selected as one of top 100 beautiful waterfalls in Japan is magnificent.

Distance : 3km
Time for moving : 20min.

③ Shinto-Takachiho-Ohashi Bridge

5min.



A superb view over Takachiho Gorge from a 300-meter-long and 115-meter-high bridge! The spot you can see Three Bridges together (from Takachiho Gorge) is rare in Japan.

Distance : 500m
Time for moving : 5min.

④ Michi-no-eki Takachiho

20min.



The huge monuments using Kagura Mask as a motif are a landmark. There are a souvenir shop and a restaurant.

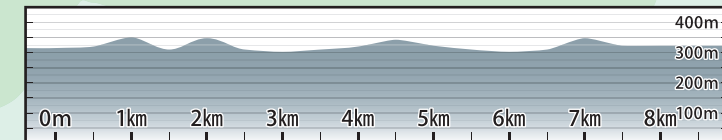
Distance : 1km
Time for moving : 5min.

GOAL Machinaka Information Center

B Course

You can enjoy the spots which related to Mythology in Takachiho and original Japanese scenery. This is the course for relaxing in rich nature.

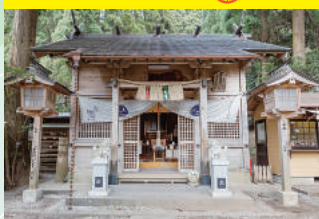
Distance : 9 km Total Duration : Approx. 120 min.



START Machinaka Information Center

① Aratate Shrine

20min.



Aratate Shrine is the place gods got married and built this shrine for their house.
Divine Favor: Match-making, Safety Drive

② Amanomanai

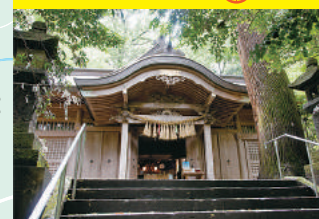
10min.



Sacred water source was transferred by a god from the heaven to Amanomanai.

③ Kushifuru Shrine

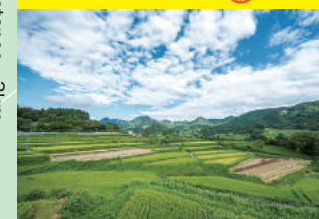
20min.



Kushifuru Shrine enshrined Kushifuru-no-mine as a sacred mountain.
Divine Favor: Wishes coming true, Gods of martial arts

④ Tochimata Terraced Rice Fields

10min.



The beautiful scenery which was selected as one of top 100 beautiful Terraced Rice Fields in Japan.

GOAL Machinaka Information Center



Ohashi Tourist Information Center
Rental Electric Bicycle
Opening Time: 8:30am to 4:30pm
Rental Fee: 1 hour / 300 yen
1 day (more than 5 hours) / 1500 yen

Takachiho Gamadase market
There are Takachiho Beef restaurant and souvenir shop.
Restaurant Nagomi
TEL:0982-73-1109
Kihachi-no-kura Souvenir shop
TEL:0982-73-1831

Machinaka Tourist Information Center
Rental Electric Bicycle
Opening Time: 8:30am to 5:00pm
Rental Fee: 1 hour / 300 yen
1 day (more than 5 hours) / 1500 yen

Takachiho Amaterasu Railway
From Unkai-bashi Bridge, you can see Takachiho Railway Bridge which is the highest in the East.

LEGEND

- A Course
- B Course
- ♩ Shrine
- ♿ Restroom
- 📷 Photo Spot
- P Bicycle Parking
- 🕒 Approximately Time Required for Each Spot

Takachiho Gourmet Information